

# **Sustainability at ESPNIC 2024**

## **Going Green Together**

We believe that we all have a part to play in preserving our future for generations to come, both locally and across the globe.

At ESPNIC 2024, we think everyone has a role to play in maintaining a healthy and sustainable ecosystem. And even small actions matter! Therefore, we've taken steps to make the Meeting more environmentally friendly.

## **ESPNIC 2024 and the Sustainable Development Goals**

The Sustainable Development Goals (SDGs, also called the Global Goals) are 17 goals with 169 targets that all UN Member States have agreed to work toward achieving by 2030. They set out a plan for a world without poverty, hunger, and disease.

We at ESPNIC 2024 want to contribute to the achievement of these objectives in our value chain. We support and work toward the following SDGs:

### **Contributions You Can Make as an ESPNIC 2024 Delegate:**

As individuals and as a community, we can and should individually contribute to protecting the earth and its natural systems and resources and sustaining the natural ecological balance of the ecosystem. Here is what we encourage you to do during the ESPNIC 2024 Meeting:

- Use the mobile app (instead of printing) to inquire

about the programme details

- Use more sustainable ways of traveling to and around the city (take the train instead of a flight; ride a bike or walk instead of taxi)
- Reduce the waste you generate and separate disposal
- Opt for reusable mugs and bottles

As a participant of ESPNIC 2024, you have the opportunity to make a difference in the fight against climate change by offsetting the CO2 emissions generated during your trip. Powered by the Thrust Carbon CO2 initiative, our user-friendly platform enables you to offset your individualized carbon footprint from your travel, meetings, accommodation, and more, as well as choose how your carbon offsetting will improve social and environmental conditions

## **End hunger, achieve food security and improved nutrition and promote sustainable agriculture.**

### **What we are doing at ESPNIC 2024:**

- The food items offered to our participants will be seasonal, organic and prepared from local and regional products.
- Menus will include vegetarian and vegan options.
- All food & beverage utensils will be reusable or compostable.
- Food donations to local non-profit organizations.

## **Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.**

Our top priority is to make high-quality education available to our community. Our goals include eliminating educational

gaps between genders; providing more accessible conference options; and enhancing the quality of the scientific programme.

### **What we are doing at ESPNIC 2024:**

- Workshops taught by renowned faculty
- Awards Supporting Participation – We provide opportunities for waived Conference registration and additional financial support towards attendance.
- Meet-the-Expert Sessions with presentation of a case series.
- Presentations of clinical and laboratory findings from applied research that encourage audience participation
- Special keynote presentations delivered by a large number of internationally renowned experts covering the full spectrum of paediatric and neonatal intensive care.

## **Achieve gender equality and empower all women and girls**

We ensure nondiscrimination and equality for committee members, presenters, and invited speakers.

### **What we are doing at ESPNIC 2024:**

- Aim for and monitor gender equality and nondiscrimination among our delegates, presenters, and committee members.
- Make our meeting a welcoming, inclusive space for people of all ages, genders, and abilities.
- Promote more women in committee positions related to the event.
- Create a programme that features diverse topics and speakers from various backgrounds and experiences.

# **Reduce inequality within and among countries**

We are dedicated to creating an inclusive and welcoming environment for all participants.

## **What we are doing at ESPNIC 2024:**

- Reduced registration fees for low-resource countries
- Gender diverse and balanced faculty to ensure inclusivity and diverse perspectives
- Creating a welcoming and accepting environment for all participants, regardless of sex, gender, nationality, race, color, age, or physical disability

# **Ensure sustainable consumption and production patterns.**

We recognize the environmental impact that large-scale events can have, so sustainable production and consumption are one of our top priorities in organizing the Meeting. We are working with our suppliers to ensure maximum positive change.

## **What we are doing at ESPNIC 2024:**

- Mobile app (instead of printing) to inquire about the programme details
- E-Posters instead of printed Poster Boards: easy to use and available both at the venue and on your device.
- We are limiting printed promotional materials for the meeting in favor of digital alternatives.
- We encourage all our exhibitors to participate in this initiative by reducing single-use giveaways at their booths.
- We work with our local catering partner to ensure the use of local and seasonal products, to reduce the transportation footprint of the congress.